

The best care happens in partnership

For every pregnancy.

Listen, support and act for women and people in your care.

Through every moment together, share hope, anxiety and joy.

You can use the CARE aid individually or with your team.

Reflect on the care you provided, how you listened and responded.

What did you learn for next time?

C

Compassion

How did you show compassion, meet her personal needs and build a partnership?

A

Active listening

How did you actively listen to her choices and questions, making her feel listened to and comfortable?

R

Response

What did you do as a result of what she told you?

E

Effectiveness

What was the positive impact of your care?
What did you learn and would you do anything differently next time?

The NMC Code and standards are there to guide and support you:

www.nmc.org.uk/standards/

