

**Nursing and Midwifery Council
Investigating Committee**

**Interim Order Review Hearing
Tuesday, 14 November 2023**

Virtual Hearing

Name of Registrant:	Helen Sandbrook
NMC PIN	21H0540W
Part(s) of the register:	Registered Nurse – Sub part 1 Mental Health Nursing (Level 1) – 2 December 2021
Relevant Location:	Neath Port Talbot
Panel members:	Sandra Tozzi (Chair, lay member) Alister Campbell (Registrant member) Geoffrey Baines (Lay member)
Legal Assessor:	Andrew Granville-Stafford
Hearings Coordinator:	Catherine Blake
Nursing and Midwifery Council:	Represented by Mary Kyriacou, Case Presenter
Miss Sandbrook:	Not present and not represented at the hearing
Interim order to be reviewed:	Interim conditions of practice order (18 months)
Outcome of review:	Interim conditions of practice order varied

Decision and reasons on interim order

The panel decided to vary the current interim conditions of practice order.

The panel was of the view that the public would remain suitably protected by the implementation of the following varied conditions:

'For the purposes of these conditions, 'employment' and 'work' mean any paid or unpaid post in a nursing, midwifery or nursing associate role. Also, 'course of study' and 'course' mean any course of educational study connected to nursing, midwifery or nursing associates.

1. You must limit your practice to only one substantive employer that must not be an agency.
2. You must not be the nurse in charge on a shift.
3. You must only carry out domiciliary visits when accompanied by another registered nurse.
4. You must be indirectly supervised at all times you are working by another registered nurse. Your supervision must consist of working at all times on the same shift as, but not always directly observed by, another registered nurse.
5. You must have meetings with your supervisor every two weeks to discuss your general performance and conduct with specific reference to:
 - a) Your therapeutic interactions with service users; and
 - b) De-escalation of challenging behaviour.
6. You must arrange for a report from your supervisor to be sent to your NMC case officer prior to any review hearing.

This report should reference your general performance and conduct and

- a) Your therapeutic interactions with service users; and
- b) De-escalation of challenging behaviour.

7. You must keep the NMC informed about anywhere you are working by:
 - a) Telling your case officer within seven days of accepting or leaving any employment.
 - b) Giving your case officer your employer's contact details.
8. You must keep the NMC informed about anywhere you are studying by:
 - a) Telling your case officer within seven days of accepting any course of study.
 - b) Giving your case officer the name and contact details of the organisation offering that course of study.
9. You must immediately give a copy of these conditions to:
 - a) Any organisation or person you work for.
 - b) Any employers you apply to for work (at the time of application).
 - c) Any establishment you apply to (at the time of application), or with which you are already enrolled, for a course of study.
10. You must tell your case officer, within seven days of your becoming aware of:
 - a) Any clinical incident you are involved in.
 - b) Any investigation started against you.
 - c) Any disciplinary proceedings taken against you.

11. You must allow your case officer to share, as necessary, details about your performance, your compliance with and / or progress under these conditions with:
 - a) Any current or future employer.
 - b) Any educational establishment.
 - c) Any other person(s) involved in your retraining and/or supervision required by these conditions

The panel decided to confirm this varied interim conditions of practice order and it will run for the remainder of the current interim order.

Unless Miss Sandbrook's case has already been concluded, this interim order must be reviewed before the end of the next six months and every six months thereafter. Additionally, Miss Sandbrook or the NMC may ask for the interim order to be reviewed if any new evidence becomes available that may be relevant to the interim order.

At any review, the reviewing panel may revoke the interim order or any condition of it, it may confirm the interim conditions of practice order, or vary any condition of it, or it may replace the interim conditions of practice order with an interim suspension order.

In certain circumstances, it may be possible for the interim conditions of practice order to be reviewed by a reviewing panel at an administrative meeting. Miss Sandbrook's case officer will write to her about this in due course.

The NMC Case Examiners are yet to decide whether there is a case to answer in relation to the allegations made against Miss Sandbrook. The NMC will write to Miss Sandbrook when the case is ready for the next stage of the fitness to practise process.

This will be confirmed to Miss Sandbrook in writing.

That concludes this determination.